



*“There is only one happiness in life, to love and be loved.”*

-George Sand

A sense of loving and being loved is not restricted to one’s spouse, children, parents, friends or associates. It can be applied to everything and everyone in God’s world. To love and feel loved is nothing less than to have a reverence for life.

Recovery in OA means regaining the freedom to love without conditions and without expectation of return. As a speaker once put it, “I love you; I don’t care whether or not you love me!”

To love unconditionally is a difficult concept for many. Only spiritual recovery can give us an understanding of what it means.

**For today:** Has my thinking about love changed in OA?

-For Today, page 341

## STEP 9

Made direct amends to such people whenever possible, except when to do so would injure them or others.

**Principle:** LOVE

## TRADITION 9

OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

**Principle:** Structure

## CONCEPT 9

Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.

**Principle:** Ability

**SAVE THE DATE OCT 27-29, 2023**

**"Welcome Home, Y'all"**

**New Freedom Intergroup of OA** (out of Jacksonville, FL) is hosting the **SOAR8 Fall Recovery Convention and Business Assembly**. It will be face-to-face in Tybee Island, GA during the weekend of October 27-29, 2023.



Please visit the [SOAR8 Assembly](#) web page for more information and registration details.



## Gathering Together *The Joy of Fellowship*

Miami-Dade and the Keys Intergroup presents  
the first face to face convention in many years!!

4th of  
November  
2023



Save  
the  
Date

Church of the Epiphany, Miami Lakes

# OA Virtual Resources



During the pandemic, the introduction of OA virtual meetings developed with the help of "Zoom" and spread quickly. In addition to MDKIG "Zoom" meetings, today there are many online meetings all over the world. We are offering a sample list of "Resources for Virtual Meetings" to help in your search for a variety of available meetings.

**OA.org:** Find a Meeting, click Online

**OA.org:** Find a Meeting, click Online, click "additional search options", select special focus (i.e. *LGBT, BIPOC, 100 pounders, etc.*)

**A Vision 4 You:** OA Big Book Study → [www.avision4you.info](http://www.avision4you.info)

**OAVirtualRegion.org:** Virtual Intergroups

**OAFootsteps.com/meetings**

**OAMen.org**

**OARegion1.org:** Resources, click Resources for specific populations (i.e. Anorexics and Bulimics in OA, American Sign Language & Closed Captioned Meetings, Young People, etc. Any OA member may attend any OA meeting, regardless of special focus.

## MDKIG CONTRIBUTIONS

Miami-Dade & The Keys Intergroup has both **Venmo** and **Zelle** accounts setup for sending donations online. Please send online donations for MDKIG to: [treasurer@oamiami.org](mailto:treasurer@oamiami.org)

**Mail checks to:** MDKIG  
PO Box 530214  
Miami Shores, FL 33153

*Thank you!*



## Miami-Dade and The Keys Intergroup

**NEW HELPLINE: (305) 857-5627**

Stay informed on what is happening in our area. For meeting updates and/or meeting changes, upcoming events, TikTok (OA videos), and read our monthly newsletter, please visit <https://oamiami.org>.

### **Miami-Dade and The Keys Intergroup (MDKIG World Service ID: 09386)**

Mailing address (including contributions) is P.O. Box 530214 Miami Shores, FL 33153. If sending 7th Tradition checks, please include the day and time of your meeting.

Miami-Dade & The Keys Intergroup began meeting on the first Sunday of each month at 3:00 PM via Zoom.

**Next Month's Meeting:** Sunday, October 1st, 2023 at 3PM

## Board Members & Service Members

### **Chairperson**

Terri M.  
(786) 253-4559

### **Vice-Chair**

Andrea K.  
(786) 210-7977

### **Treasurer**

Marlise  
(305) 431-2122

### **Secretary**

Cheryl E.  
(305) 898-1715

Budget			proposes budget at Dec meeting for the following year
Group Outreach			contacts groups to encourage Intergroup participation
Helpline	Rick B.	(305) 857-5627	ensures updated information is on the hotline message
MDKIG Convention	Andrea K.	(786) 210-7977	chairs and coordinates the Annual Intergroup Convention
PIPO (Social Media)	Andrea K.	(786) 210-7977	performs Public Information Professional Outreach efforts
Registration	Andrea K.	(786) 210-7977	maintains a current, updated list of all member groups
Special Events (TSW)	Terri M.	(786) 253-4559	coordinates Intergroup events; contacts relapsed members
Unity With Diversity			organizes meetings for underrepresented people
Ways and Means			initiates and coordinates fund raising activities
Website / Publications / Newsletter	Lonna	(305) 338-0423	Liaison to webmaster and newsletter editor

## Available for Service

### **SPONSORS**

Connie T.	(305) 304-8248
Jeanette	(305) 906-2302
Lisa B.	(786) 314-1968
Lonna	(305) 338-0423
Sigrid	(561) 445-3387
Terri M.	(786) 253-4559



### **SPEAKERS**

Elena G.	(786) 271-3114
Gary	(305) 510-5150
Lonna	(305) 338-0423
Marcia L.	(917) 693-4729
Terri M.	(786) 253-4559

*\* Denotes a speaker able to share their experience, strength and hope in both English and Spanish.*

# Miami-Dade and The Keys (MDKIG) Meetings List

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**Sunday 7:00 PM ET “Gazebo on Baptist Hospital Lake”**

Bring a comfy folding chair and your OA 12 & 12.

Breezy, informal and wonderful.

Call Cristy for more info (786) 218-4002

**FACE-TO-FACE MEETING**

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**Monday 11:40 AM ET “Palmetto Bay”**

AA Triangle Club

1736 Franjo Rd.

Palmetto Bay, FL 33157

**FACE-TO-FACE MEETING**

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**Monday 6:45 PM ET Paso a Paso (Spanish meeting)**

Dial in: 1-929-205-6099

Meeting ID: 883 7389 7663 Password: 305305

Join Zoom Meeting ► <https://us02web.zoom.us/j/88373897663?pwd=VjFlc0lzVGhMZlVhYk1MmtvNnhmdz09>

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**Tuesday 1:30 PM ET “Women Healing Together” (WOMEN ONLY)**

Dial in: 1-929-205-6099

Meeting ID: 821 2332 5174 Password: 305305

Join Zoom Meeting ►

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**Tuesday 7:00 PM ET “Una Libertad Nueva”**

NEW meeting that started on May 9th.

Call Fela for details (305) 527-1942

**FACE-TO-FACE MEETING**

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**Tuesday 5:30 PM ET “New Freedom”**

Dial in: 1-929-205-6099

Meeting ID: 362 158 277 Password: 406233

Join Zoom Meeting ►

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**Wednesday 7:30 PM ET “Fourth Dimension”**

Dial-In: 1-929-205-6099

Meeting ID: 864 0370 5939 Password: 305305

Join Zoom Meeting ► <https://us02web.zoom.us/j/86403705939?pwd=UDJhZHlyTzV6NTBzYlNtdTRydWNRdz09>

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**Thursday 6:00 PM ET “Pass It On”**

Dial-In: 1-929-205-6099

Meeting ID: 898 7001 7614 Password: 305305

Join Zoom Meeting ► <https://us02web.zoom.us/j/89870017614?pwd=cjNUT3RJZSs4dm1BendCWjhSalZadz09>

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**Saturday 9:00 AM ET “Tropical Freedom”**

Dial-In: 1-929-205-6099

Meeting ID: 299 799 161 Password: 058569

Join Zoom Meeting ►

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**Saturday 10:00 AM ET “Attitude of Gratitude”**

Dial in: 1-929-205-6099

Meeting ID: 813 0966 8825 Password: 305305

Join Zoom Meeting ► <https://us02web.zoom.us/j/81309668825?pwd=NGk1ZnVXTEREaWtYLOJLdDlFFK2FTUT09>

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**Saturday 11:15 AM ET “Miami Springs Tools and Topics Meeting”**

Dial in: 1-929-205-6099

Meeting ID: 812 6685 6979 Password: 305305

Join Zoom Meeting ► <https://us02web.zoom.us/j/81266856979?pwd=a003YUpvQXRdQ1oyeE9lY1lhOFIEdz09>

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**Saturday 11:30 AM ET “Into Action, One Day At A Time”**

North Dade Regional Library

2455 NW 183rd Street

Miami Gardens, FL 33056

**FACE-TO-FACE MEETING**

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**When joining a meeting by phone only:**

1. Dial the phone number.
2. Enter the meeting ID number.
3. You will be prompted to enter your unique participant ID. Just press # to skip.
4. Use \*6 to mute and unmute (you may be muted as you enter the meeting) OR connect via the Zoom Mobile App (download for free in your app store):  
Join Zoom Meeting ► <https://zoom.us>